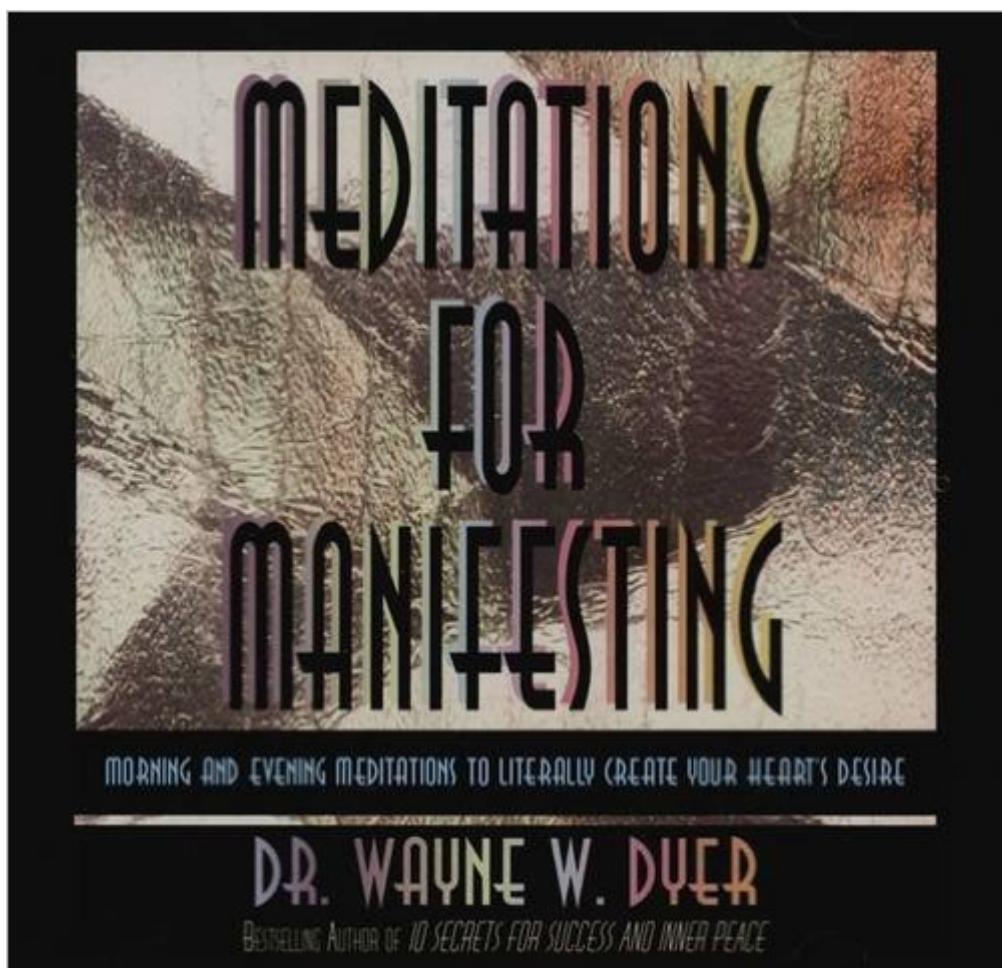


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# Meditations For Manifesting



## **Synopsis**

Emphasizes that the best way to fulfill your aspirations is not to just think about what you want to manifest, but rather, feel what it would be like if it did. This book also emphasizes that in all languages, the sound of the Creator is the same.

## **Book Information**

Audio CD

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Average Customer Review: 4.0 out of 5 starsÂ  See all reviewsÂ  (242 customer reviews)

Best Sellers Rank: #140,792 in Books (See Top 100 in Books) #57 inÂ  Books > Books on CD > Health, Mind & Body > Relaxation & Meditation #62 inÂ  Books > Books on CD > Health, Mind & Body > Meditation #183 inÂ  Books > Books on CD > Health, Mind & Body > Self Help

## **Customer Reviews**

I have read and listened to several of Dr. Dyer's books, and while I still have questions regarding some of Dyer's philosophy, I have found him to be both inspirational and instructive. This CD is no different. I have studied about the benefits of meditation. I have bought other mediation tapes, but when I began them, I had no clue what I was supposed to do. The instructions here are clear and very easy to follow. In less than 5 minutes, I was mediating (With RESULTS!). I don't know about visualizing what you want (money, love, jobs) and then getting it, but I have received what I wanted, which was a time to slow down, re-energize and focus on the simple rhythms of my body. The background music is present and propels the meditation without overwhelming the primary focus of the breathing and affirmations. I highly recommend this CD/tape.

I bought this tape and started the morning meditation with Wayne several months ago. The background music is beautiful and Wayne's voice is powerful and sure as he leads you through a morning AH meditation. As you perform your "ahs" with him, he coaches you with gentle reminders to breathe deeply and direct your desires through your third eye. Following about 10 minutes of basic Ahs, Wayne inserts affirmations to help you start your day on the right note. The reverse side

of the tape is an evening meditation to level you to peace complete with more affirmations. I have experienced my desires manifesting before my eyes after starting my day with Wayne Dyer and the sound of "Ah".

To be honest, I heard Dr. Dyer's Meditations for Manifesting last year - and was not all that impressed. Then, about a month ago my friend Cindy mentioned to me that she was using it and was finding it very effective, so I dug it out of the storage box. It is amazing, effective and magical. Apparently you have to be ready for this one...you have to believe that through the sacred sound you can manifest your heart's desire. And you can with these sound meditations! I have created a successful civil law suit settlement, a venture capital investor for my business, and an overall feeling of accomplishment and harmony in my life that I have not experienced for years! Dr. Dyer is a true renaissance man, sharing this meditation which he received from his teacher, with those of us who are open to receiving lavish goodness from all directions of God. Another thing: I am the author of Shalom my Love... and the evening meditation ends with the word Shalom. It amazed me when I realized that the Sha of shalom is the 'ah' sound of creation Dr. Dyer takes us through in the morning meditation, and the Om part of the word Shal -om is the Om sound for gratitude which comprises the nighttime meditation. I highly recommend this tape to anyone who is really committed to manifesting shalom and abundance into his or her life.

I've been using this meditation CD for years and have recommended it to many of my friends and family. This is by far the most powerfull thing you can do to manifest things into your life. But when you do the meditation you MUST suspend all your disbelief and believe that whatever your manifesting will come into your life and it will believe me I'm living proof. A year ago I was a flight Attendant earning 20K a year. I manifested on having my own business one day, literally a week later an opportunitiy to start a new business came to me. I now have a business that does 35-45K a month and when people ask me how I started it I tell them I manifested it.I would really recommend you also read How to Get Everything You've ever Wanted by Adrian Calabrese. The book gives you step by step how to manifest along with affirmations to use while you meditate. For all the people who didn't enjoy this CD probably didn't understand it or use it correctly and were skeptics to begin with and never expected it to work so therefore it didn't.I have a friend who used this to lose weight she did it after she saw me lose 15lbs without dieting or exercise. Well it didn't work for her at first because she kept saying "I'm gaining weight and I still feel fat". When I explained to her that if she keeps saying that then she will in fact gain weight. The Universe respond and gives us what we tell

it to. Thinking negative will only bring negative things into your life. Change the way you think and change your life. My friend did and guess what she lost weight just as I told her she would. This CD can be used to heal your body I've given it to several people diagnosed with terminal cancer who used it and are now cancer free, it's so powerful if used correctly and you have faith in what you're doing. Once your intention is clear things that you manifest on will come into your life instantly you'll be amazed by it.

The CD/tape is great, comprising a morning and evening meditation. It needs to be used in conjunction with reading Dr. Dyer's book, "Manifest Your Destiny". However I would advise (and this is coming from a skeptic) to use these with caution as I found things happening very quickly after I started the meditations. This is no coincidence as two days after I started the tape I got a job that I thought I had wanted for years out of the blue, which I hadn't expected. You will also start to feel very light and ethereal, somewhat "out of body". So use with caution and prepare to be amazed!

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